Follow These Three Steps When Solving Problems:

1. Understand the problem.
2. Think about solutions.
3. Keep trying until something works.

Talk Time!
Find a friend and talk about the following thoughts.
What are some examples of problems that you have had...

☐ in school?
☐ at home?
☐ with friends?
☐ with family?
☐ on your own?
☐ when playing a game?
☐ when taking a trip?
☐ when you were very tired?
☐ when you learned something new?
☐ when someone had an idea that was different than yours?
☐ when you were upset with someone?

Think Time!
What are some solutions that could be used with different problems? Use words or pictures to fill in the empty boxes.

1. THINK before you react or do something!
2. Let each person involved have an opportunity to share their thoughts and feelings.
3. Ask for help from someone you trust.
4. Walk away.

Write Time!
Why is it important to keep trying to find a solution until something works?

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
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__________________________________________________________________________
**Solving Problems!**

<table>
<thead>
<tr>
<th>Write or draw out a <strong>problem</strong> below.</th>
<th>Think of <strong>possible solutions</strong>.</th>
<th>Which solution are you going to try?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1.</td>
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<td>2.</td>
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</tbody>
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**Color** in the special sentence below!

```plaintext
I can be a **PROBLEM-SOLVER**!
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**REMEMBER:**

Don’t give ___ until you find something that _____!